



## Disc Golf Rules, Safety and Etiquette

### Objective of the Game

Disc Golf is played like traditional golf, but with disc golf discs instead of balls and clubs. One throw (stroke) is counted each time the disc is thrown and when a penalty is incurred. The goal is to play each hole in the fewest strokes possible. The player with the lowest total strokes for the entire course wins.

### SAFETY FIRST

Never throw when other players or other pedestrians are within range. Always give pedestrians the right of way. Be aware of your surroundings and environment at all times.

### Tee Throws

Each hole begins with a tee throw. Tee throws must be completed within or behind the designated tee area.

### Lie

The lie is the spot where the player's previous throw has landed. Mark each lie with a mini marker disc or leave the thrown disc on the ground where it landed. The player's subsequent throw is made from directly behind the marked lie.

### Throwing Order

The player with the least amount of strokes on the previous hole is the first to tee off on the next hole. After all players have teed off, the player whose disc is farthest from the target always throws first, followed by the next farthest, and so on.

### Fairway Throws

Fairway throws must be made from directly behind the lie. A run-up and normal follow-through, after release, is allowed, unless the lie is within 10 meters of the target. Any shot within 10 meters of the target requires that the player maintain balance and not move past the lie until the disc comes to rest.

### Mandatory

A mandatory, or mando, is one or more designated trees or poles in the fairway that must be passed to the correct side as indicated by an arrow. If the disc passes to the wrong side of mandatory, either play from the previous lie or from a marked drop zone area if applicable and add a one throw penalty.

### Completion Of Hole

A disc that comes to rest in the disc golf basket or suspended in the chains constitutes the successful completion of that hole.

### Out Of Bounds

If any area of O.B. is visible between the disc and O.B. line, then the disc is considered O.B. A throw that lands out of bounds, must be played from a point up to 1 meter in bounds from where the disc crossed over the out of bounds line. O.B. zones are indicated on the course map, however, permanent water hazards, roads/parking areas, and property boundaries are also considered out of bounds.



- # Red / Recreational Tee Box with Hole Number - Recommended for recreational players or those new to the sport.
- # Target / basket location.
- Yellow line Fairway / Hole route
- ... Hole transitions - follow from end of one hole to the beginning of the next.
- Out of Bounds - Purple lines on the map indicate areas considered out of bounds / hazards, and "island" boundaries.
- Blue line Water Hazard / River - All water hazards are considered out of bounds
- Grey line Pedestrian Park Path

#	par	ft/m	#	par	ft/m
1	3	328/100	10	3	173/53
2	3	387/118	11	3	242/74
3	3	200/61	12	3	200/61
4	3	137/42	13	3	275/84
5	3	239/73	14	3	187/57
6	3	242/74	15	4	387/118
7	3	144/44	16	3	160/49
8	3	157/48	17	3	255/78
9	3	167/51	18	3	295/90
front	27	2001/611	back	28	2174/664
		total	55	4175/1275	



## Verena Acres / Dads of Muskoka Disc Golf

Bracebridge, ON  
[discgolfmuskoka.com/courses/verena-acres](https://discgolfmuskoka.com/courses/verena-acres)



course map by  
fluentdisc.com

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